

Turkey Day Treats

THANKSGIVING

MEAL BAGS

for Homebound Seniors

Decorate and fill a paper grocery bag to provide a Thanksgiving meal for local, homebound seniors! Follow the steps below to provide a complete meal!

Choose a protein:

- Hormel Compleats- Turkey & Dressing
- Hormel Compleats- Chicken Breast & Mashed Potatoes

Add two sides:

- Mac & Cheese- Individual, Microwaveable
- Stovetop Stuffing- Microwaveable(if available)
- Instant Mashed Potatoes- Individual cups

Add a veggie (or two):

- Green Beans- canned
- Sweet Potatoes- canned

Add a dessert:

- Applesauce
- Cranberry Sauce

Add a drink:

- Packets of hot cocoa, apple cider, or instant coffee with single-serve creamer

Pre-packaged & shelf stable items listed, ONLY, please.

Personalized cards can be included in each bag. Drop off bags at MOWMC by November 6th. For more info visit mowmc.org/thanksgiving



MEALS on WHEELS
MONTGOMERY COUNTY

DROP OFF
111 S. 2nd St.
Conroe, TX 77301
M-F: 10am-3pm
Questions? Email Tasha at natasha@mowmc.org

